

<p style="text-align: center;">Communities Assistant Director Tom Barker The Communities Service Area includes: Safe Communities (including community safety, anti-social behaviour, safeguarding and the Community Safety Partnership) Strong Communities (including grants, external funding, community development, and community rights) Healthy Communities and Policy (including health and wellbeing, health interventions and preventative activity)</p>				
	April - June 2018	July - September 2018	October - December 2018	January - March 2019
Main Achievements	<p>Mental Health work has included a successful Mental Health Awareness and Dementia Fortnight in the workplace with many activities in partnership with SCC and HR. 11 staff members now trained as Mental Health First Aiders. The Communities team recently completed a full Section 11 Audit which required the Councils' to evidence how well we are meeting our statutory obligations in relation to safeguarding, duty of care, and promoting the welfare of Children and Vulnerable Adults. The audit takes account of the level of Corporate commitment toward safeguarding and how the Councils' ensure that safeguarding measures are implicit in our procurement processes and embedded into our policies. The Audit was validated by a Panel of members from the Local Safeguarding Children's Board. The Panel confirmed that Babergh and Mid Suffolk Councils provided strong evidence of compliance and agreed we demonstrated a high standard of service.</p>	<p>1.The Health and Wellbeing team formed a working group with staff from Ipswich Borough Council and Suffolk County Council to collaboratively organise and deliver a range of health and wellbeing promoting activities for Workplace Health Week held between 10 &14 September. In addition we also held a Prostate Cancer Day on 12 September to raise awareness of the condition, helping to raise £250 for the East Suffolk Prostate Cancer Support Group (this covers the Babergh and Mid Suffolk area). The event involved a talk by a Macmillan nurse, information on diagnosis and the opportunity for staff to contribute to a local charity by wearing a sports top of their choice.</p> <p>2. A total of 96 women and girls took part in this year's Sudbury Women on Wheels event. This event promotes cycling for recreation and as an alternative mode of transport. It has enabled participants to have the confidence to take part and in some cases join local cycling clubs.</p>		

Main Achievements continued	The Health and Wellbeing Team have officially launched a new three-year joint project with Suffolk Sport.	<p>3. The Make, Do & Friends Project has commenced. Suffolk Artlink in partnership with the Rural Coffee Caravan and Dance East and supported by the Communities team are delivering a high-quality outreach programme led by artists. The programme has secured Arts Council funding for two years and has been designed for and co-produced with older people, particularly those who are rurally isolated or lonely.</p> <p>4. Lavenham is the most recent village to form a local Dementia Action Alliance and supported by the Health and Wellbeing team held a successful launch event on 18 July. It is actively supported by the Parish Council and the local East of England Co-Op.</p> <p>5. Grants – a capital grant of £25,000 has been offered to the Stephenson Centre in Great Cornard (overall project £89,000). Section 106 funding of £16,000 has been provided to projects including the purchase of new open space in Cockfield, play equipment in Lawshall and fencing at Layham.</p>		
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Impact on communities/ the way we work	Active Wellbeing is a bespoke approach to help people living in rural communities who are physically inactive, into more active lifestyles. The programme will also support the development of new activities, where they are needed, to help older people to become and stay, active. Active Wellbeing will initially work with GP surgeries in Long Melford and Lavenham.	1.The Prostate Cancer Awareness event was well received by staff and feedback received demonstrated a positive impact. 2. As a result of the Women on Wheels events there has been an increase in the membership of local cycling clubs in Sudbury, Hadleigh and Boxford both of which now have a women’s section. More women cycling helps support our wider aim of helping more people to stay active. Some women and girls have also joined Sudbury and District Triathlon Club. 3. Community engagement for the Make, Do & Friends project started in September. It is working with older people including those living with dementia, and it is helping to reduce rural isolation and loneliness . 4. By developing a network of local dementia friends and engaging with local businesses, Lavenham Dementia Action Alliance is already making a positive impact. 5.The Council’s grant aid programme supports services and projects that benefit our communities and align with our strategic priorities.		
<div><div><div>Key for trend graph:</div><div><div>● 2015/16</div><div>● 2016/17</div><div>● 2017/18</div><div>● 2018/19</div><div>— target</div></div></div><div><div>Key:</div><div><div>n/a not applicable</div><div>n/av not available</div></div></div></div>				

**Health and Wellbeing
Corporate Manager Jonathan Seed**

Performance measure	Period	Data	Target	Council	Trend	Comments
HW02 The total number of new referrals to the GP exercise on prescription schemes which will include a breakdown of: SSL managed schemes Other funded schemes Non funded schemes AMENDED MEASURE Cabinet Member: Margaret Maybury Data Owner: Jon Seed	2018/19 Qtr.2 Qtr.4	132	No target currently set, 2018/19 is baseline year.	BDC		The Leisure Services will regularly provide data for each quarter which will give a baseline for 2018/19. Targets can then be set for 2019/20. These figures of GP referrals represent Qtrs 1 and 2 are from leisure centres at Hadleigh, Kingfisher Leisure Centre, and Bergholt, Sudbury and Holbrook.
Performance measure	Period	Data	Target	Council	Trend	Comments
HW03 No. of new dementia friends (Local Dementia Action Alliances) NEW MEASURE Cabinet Member: Margaret Maybury Data Owner: Jon Seed	2018/19 Qtr.2 Qtr.4	49	No targets are set by Dementia Action Alliances.	BDC	The data represents combined numbers from Lavenham, Eye and Hadleigh	We work with villages and towns to form Dementia Action Alliances and then attend regular monthly meetings to see how each DAA recruits local businesses to become dementia friendly and deliver Dementia Friends Workshops to communities. We also provide any support and information for DAA events. Lavenham DAA and Hadleigh DAA have recently recruited businesses to become Dementia Friendly organisations. Data represents Qtr 1 and Qtr 2.
Performance measure	Period	Data	Target	Council	Trend	Comments
HW04 No. of businesses signed up to the national Dementia Declaration via a local Dementia Action Alliance NEW MEASURE Cabinet Member: Margaret Maybury Data Owner: Jon Seed	2018/19 Qtr.2 Qtr.4	33	No targets are set by Dementia Action Alliances.	BDC		We support Dementia Action Alliances and then attend regular monthly meetings to see how each DAA recruits local businesses to become dementia friendly and deliver Dementia Friends Workshops to communities. We also provide any support and information for DAA events. Lavenham DAA and Hadleigh DAA have recently recruited businesses to become Dementia Friendly organisations. Data represents Qtr 1 and Qtr 2.

Performance measure	Period	Data	Target	Council	Trend	Comments
HW05 No. of inactive older people in the target localities supported to become more physically active through the commissioned Active Wellbeing Programme Long Melford NEW MEASURE Cabinet Member: Margaret Maybury Data Owner: Jon Seed	2018/19 Qtr.2 Qtr.4	15	The 2018/19 baseline will inform target setting for 2019/20.	BDC		Programme is in early stages of development and workshops to deliver activity programmes are still in progress in Long Melford. The data shown is for Qtr 2 only and is provisional data. There is a update meeting on 11th October which will give an update on Programme development which is currently aiming to begin in Q3/Q4.